



# MILES FOR MALI

A VIRTUAL WALK FOR GOOD!

**Want to get in shape AND change the world? Good for you!**

Miles for Mali can help you do just that. We challenge you to walk or run in in May 2018 the distance children in rural Mali villages walk to get to school in one week (40 miles) or one month (160 miles).

A modest registration fee (\$35) gives you access to an easy fitness app to track your miles. We'll keep you inspired with stories and updates throughout the month and prizes are available for individuals and teams, such as family, church, or corporate groups.

Your registration fee and any optional pledges you raise will help build a school for children in the tiny village of Sankama, Mali. You can change lives forever just by getting yourself off the couch...and one of the lives you improve will be your own!

**Learn more at:**

**[www.malirisingfdn.org/miles](http://www.malirisingfdn.org/miles)**